



# JULY 2025

## SAVE THE DATES!!

National Pickleball Day

August 9th

MPC will be celebrating Pickleball Day throughout the week of August 10-17

Pickleball Week Fam Jams

Wednesday, August 13 &  
Saturday August 16

11 am - 1 pm

Doghouse Tourney

Tuesday, August 26

9:30 - 1:00 pm

Fall Euchre Tourney

Friday, October 24th

MPC Annual Winter Social

Friday, December 5th



Ongoing Coaching Clinics &  
Lessons

Check the link below  for  
**INFO & REGISTRATION**

## 2nd MPC Fam Jam Also A Success!

Both Saturday and Sunday filled the 4 available courts at MCP with members who brought friends and/or family to enjoy some pickleball. Lots of fun and some new pickleball enthusiasts!

MPC'ers shared the following comments!

*"Thanks for another fun and informative PB FAMILY DAY.  
Anne, thanks for your patience and good humour!  
We had a great time. Can't wait for the next one!"*  
~Sharon A.

*"Yup, so happy with how it went, lots of fun games!"*  
~Bronwen H.



There are more Fam Jam Days coming up!  
Next Date:

**Wednesday, August 13th 11 am - 1 pm**  
Volunteers needed to help register and handle waivers!

Contact: [MonoPickleballClub@gmail.com](mailto:MonoPickleballClub@gmail.com) with "Fam Jam" in subject line.

**A special welcome to Pam Gibson who joined the Pickle Press Team this month! Thanks Pam!!!**

# Coaches' Corner

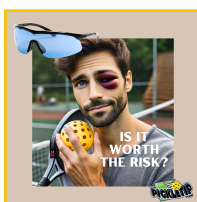
## Think Safety!!

### *Protect Your Eyes on the Court*

**For your safety, all members are strongly encouraged to wear protective eyewear during pickleball play.**

If you already wear sunglasses or prescription glasses, please ensure they meet appropriate safety standards to shield your eyes from potential injury.

Keep in mind that some clubs make protective eyewear mandatory—**let's prioritize safety together!**



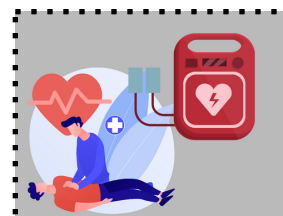
### *When courts are wet:*

Courts are closed as soon as it begins to rain/mist/or there is any dampness on the courts. Slippery courts can result in possible injury. Please vacate the courts as soon as there is moisture on them. Sometimes you can return in several minutes but **ONLY** if courts dry up.



### *On Hot days:*

To avoid overheating, resulting in heat exhaustion or heat stroke: dress appropriately, stay hydrated, bring a damp towel to cool yourself down, and possibly a spray bottle of water (like having a mini shower!)



### *In Case of Accident or Incident:*

There is a First Aid Kit with "smack it" ice packs and an AED (defibrillator) in the storage box on the courts.

**If in DOUBT as to how to proceed always call 911.**

**Incidents/Accidents must be reported electronically to Pickleball Canada (PC).** Here is the link to the report form. [PC Incident/Accident Report Form](#)

Paper copies are in the "Round Robin" binder.

**Please complete what you can and pass it along to the Board of Directors for follow through.**



## STAY OUT OF THE DOGHOUSE!

### FUN TOURNAMENT

**Tuesday, Aug 26 @ 9:30 - 1pm**

Rain date: Wednesday, Aug 27 @ 9:30am - 1pm

Location: Mono College Park

Skill level: Novice 2.0- Intermediate 3.0

Join us for a fun and unique pickle ball tournament called Doghouse!

"Doghouse" encourages strong player communication, teamwork and standing your ground at the kitchen. It is also a personal challenge to try and stay out of the Doghouse!

We will be playing a conventional pickleball game, but with a twist - each team will play with a third player, henceforth will be in the "doghouse" - which is situated at the back centre of the court. If a player misses a shot, they will switch places with their teammate in the doghouse. The rules, line calls and scoring are all the same as in a regular pickleball game.

At the break and pre and post tournament, to gain your team extra points, cottage games can be played. Each team will be designated by a colour - so come ready to showcase your colour.

The tournament will consist of seven, 11 min games with a 30 min refreshment break after game 4. Lunch, wrap up and social will be after the 7th game.

Cost: \$25  
(includes a complimentary lunch)

For more information, rules, payment and to register  
**[CLICK HERE!](#)**  
(Waitlist available)

Food bank donations are requested.  
Spirit and Generosity Awards will be given!

**Volunteers need!**

## Did you know?

MPC has a WhatsApp group called - **The Official MPC Chat.**

***\*Its purpose is to communicate MPC news and information only.\****

For example: schedule changes, reminders of special events relevant to all MPC members, ladder news, who is coming to Drop In sessions, weather related changes (closed due to rain) etc.



**Note: not all information will be provided using this vehicle, as most information will be available on the MPC website and through the MPC monthly newsletter.**

This chat group will be monitored and irrelevant items will be deleted.

To be added to the group email, please send your **name** and **phone number** to:  
[SM.Newsletter.MPC@gmail.com](mailto:SM.Newsletter.MPC@gmail.com)

## Schedule - NEW LOOK / UPDATED

The PDF version of the MPC court schedule has been replaced with a Google Doc version. If you have the old version, it is no longer valid.

To view the updated schedule: [SCHEDULE](#) / [MOBILE VIEW](#)



### LEAGUE & LADDER PLAY!

The ever-popular ladder continues each Saturday morning. As well, the league has begun a new session and continues to be a popular option.

If you'd like to spearhead and oversee another ladder or league, please contact [MonoPickleballClub@gmail.com](mailto:MonoPickleballClub@gmail.com), (specify Level and league, ladder or both) and we will help you organize this.

### OFF SEASON PLAY

**Plans are underway for off season play at CCC and WSS, similar to last year.** Details will be coming in the August newsletter.

For the CCC program to continue, MPC needs volunteers to help coordinate or sub for/support coordinators of the 25/26 schedule of play. Please contact [MonoPickleballClub@gmail.com](mailto:MonoPickleballClub@gmail.com) with "Off Season Play" in the subject line, if you would like to help!

## Let's Talk About the League!



The second Mono Pickleball Club league was a smashing success. This 2.0 – 2.5 league featured four teams of four players battling over 4 weeks. The final tournament day was seeded according to the regular season standings. The four teams, *Cross Court Crusaders*, *Dinking Responsibility*, *Team Pickle* and *Blazing Paddles* competed with vim, vigour, and as always, good humour, with the **Cross Court Crusaders** emerging as victors.

***Congratulations to all!***



*This league had especially good team names and a fun vibe the entire time. Look for these rising stars on the courts, bringing that fun energy. Thank you to all league participants. You made it enjoyable for each other as well as for convenors **Rex** and **Darren**, whom we thank for their contribution to the League and to MPC.*



Photo Cred 📷: Rex T.

Article Submission: Darren L.



***\*For Fun \*For Fitness \*For EVERYONE***