



# Mono Pickleball Club

## Newsletter #18 – January 24, 2024

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### **Message from the Board**

The vision of Mono Pickleball Club is represented by our LOGO, above, with a focus on:

#### ***For Fitness, For Fun, For Everyone***

As a community, grass roots, volunteer organization MPC is proud of its accomplishments over the past 16 months. With 178 members registered for 2024 plus a waiting list MPC continues to thrive. As a result of the efforts in completing grant applications and working with the Town of Mono, we are excited to be able to enjoy 6 new dedicated regulation sized pickleball courts at Mono College Park starting this spring. As April approaches you'll be contacted about a schedule, and how to sign up for specific activities and events of interest to you. Your Board of Directors carefully considers suggestions and appreciates input and help from member volunteers to ensure that every member is included in the fun!

If you are interested in assisting with the one of the many tasks involved with the vibrant MPC, including maintenance, scheduling and planning of events, please contact

< [MonoPickleballClub@gmail.com](mailto:MonoPickleballClub@gmail.com) >

< Mono Pickleball Club ▾ 🔍



### **Did You Know? MPC is on Social Media**

**Mono Pickleball Club** has an official [Facebook page](https://www.facebook.com/monopickleball/)! Here you can find information on club activities, important dates, links to MPC merchandise as well as pictures and celebrations! There is only 1 *official* page, so check it out and don't forget to **Follow Us** and **Like us!!!**

#MPCProud

<https://www.facebook.com/monopickleball/>

**Mono Pickleball Club**

105 likes · 163 followers



Mono Pickleball Club was founded in 2022 with a vision to bring the sport of pickleball to Mono, Ontario with a focus on fun, fitness, and sportsmanship.

## Clinics

MPC continues to offer clinics for Beginner through Intermediate players. The club now has 5 NCCP Certified Level 1 or Level 2 Coaches. Formats now include gathering your own group and selecting the specific skills for the clinic.

Additional information and sign up for a clinic can be found on the following webpage:

< <https://pickleballcanada.org/event/2024Clinics> >

## Save the Date – Euchre Night

MPC's next social/FUNdraising event is on **Friday, April 12**, when the club is planning another euchre tournament at the Watermark party room.

Save the Date: **April 12** – watch for more details including sign up to follow soon.

## MPC Policies and Procedures

As MPC evolves, your board has also been developing Policies to ensure the club is true to the Vision and Mission set out in our By-Laws. These policies will have an impact on all our members. Please take time to be aware of such items as Membership, Code of Conduct, and Skills Assessment Procedure all found on this page of our website:

< <https://www.monopickleballclub.com/constitution-bylaws-policies> >

## Video of the Month

### Pickleball Stance! (4:38 min)

<https://www.youtube.com/watch?v=AoqVVDYo85U>

(If you don't have 4 minutes to spare, watch at least the first 2 minutes)

## Pop Quiz – Reaction Time!

1. How long does it take a baseball pitcher's 100 mph fastball to go from the pitcher's hand to the catcher's mitt?
2. How long does it take a softball pitcher's 70 mph fastball to go from pitcher's hand to catcher's mitt?
3. How long does it take a pickleball travelling at 40 mph to go from one paddle to the opposition's if both players are at the Non-Volley Line (kitchen)?

Answers: Next Month (or ask MPC if you really can't wait)