

# **Mono Pickleball Club Newsletter #6**

November 6<sup>th</sup>, 2022

## **Outdoor Play Continues**

Play continues at Cardinal Woods as long as the weather holds. Pickleball can be played at any time on the CW courts. If it is not within MPC designated times, you might have to share with tennis players. Gather fellow PB players and practice your game! Note: When not playing during MPC times, please use the tennis nets and lower them using the centre strap.

## **MPC Website**

The website, [MonoPickleballClub.com](http://MonoPickleballClub.com), continues to be the **go to** for information on membership/registration, playing times, clinics, upcoming events, links to everything Pickleball, . . . [MonoPickleballClub.com](http://MonoPickleballClub.com)

## **2023 Membership Registration**

Membership for 2023 can be accessed from MPC website starting November 15<sup>th</sup>.

Fee is \$25 plus registration with PAO and PCO (\$10 for each).

All registrations will be completed on the Pickleball Canada website.

BE SURE to select Mono Pickleball Club as your affiliated club, if asked.

Payment by credit card only. More info is included with the form.

You will be asked to identify your 'level' during the registration process.

It's a challenge for all of us. Please use the guide on the next page to help.

Additional information can be found at: [Pickleball Guru](http://PickleballGuru)

## **2023 Indoor Play**

Please respond by Wednesday Nov. 9<sup>th</sup> to the email sent Thursday, Nov 3<sup>rd</sup> if you are willing to commit to playing indoor pickleball starting in January.

The responses will determine what indoor pickleball will be available.

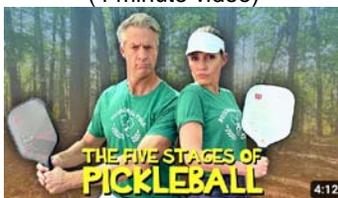
\*\*Headwaters Racquet Club continues to offer clinics for beginners and other skill levels.

Check it out here: <https://www.headwatersracquetclub.com/pickleball/>

## **The 5 Phases of Pickleball**

Share with your friends who say "REALLY? You're playing *Pickleball*?"

(4 minute video)



## **Stay in Touch**

Website: [MonoPickleballClub.com](http://MonoPickleballClub.com)

Facebook: <https://www.facebook.com/monopickleball>

Email: [MonoPickleballClub@gmail.com](mailto:MonoPickleballClub@gmail.com)

MPC Board of Directors

*Your feedback and suggestions are always welcomed.*

## **Level Play:**

*The following is a GUIDE to help you identify your skill level. This is created solely for the purposes of MPC members to simplify the process of recognizing your level of play. This may change as our club evolves to align with Pickleball Ontario.*

*Each 'level' includes all pertinent skills of each previous levels.*

### **Beginner:**

- inconsistent serving and return of serve; cannot sustain a rally

### **Early Intermediate:**

- generally can serve and return serve;
- -can sustain a short rally;
- has difficulty controlling height and depth

### **Intermediate:**

- generally can serve and return serve with depth control;
- can sustain a rally with medium paced balls;
- moves to the non-volley line;
- understands the "hard" and "soft" game

### **Advanced Intermediate:**

- can serve and return serve with depth control;
- can sustain a rally including a dink rally;
- moves quickly to the non-volley line;
- uses a variety of strokes (hard/soft/dinking) with moderate success

### **Advanced:**

- high level of consistency for all strokes (drops, dinks, serves, volleys) with *minimal* unforced errors;
- able to sustain a long rally that includes volleys;
- uses power and finesse to their advantage